NHLBI Evidence Table: RF6-OB

PMID	First Author	Title	Year	Study Type	Prospect./ Restrospect.	Study	CVD	RF by CQ	Country	Setting	Main Study Objective	N at Baseline (N Follow-up)		Eligibility Criteria	Patient Characteristics	Study Groups	n at Baseline (n at Follow-up) for Study Groups	Total Follow-up Duration	Outcomes Measured	Results	Main Reported Findings by Critical Question
1089683	McClain MR	Risk of type 2 diabetes mellitus in young adults from a biracial community: the Bogalusa Heart Study	2000 (crs	Retrospective	Bogalusa	None	OS (RF4,5,6,8,14)	USA	Community (other)	Determine early abnormalities in young adult offspring of type 2 diabetics.	1,151	Pediatric/ Young adults	Of 1420 subjects aged 19-37 y examined in 1995-96, a total of 1151 were included. 881 had no parental hx of DM (270 had (+) parental hx of DM (epresenting 1 randomly selected offspring/family)	Community-based cohort of B & W children and young adults - originally examined at 5-17 yrs; 52% F. 44% B. For this study, subjects were age:19-37 yrs. 72% W, 28% B.	(+) parental hx of / DM=270 (-) parental hx of DM=881	N/A N	/A	Age Gender H Wt BMI Walst circumference (WC) & hip circumference Triceps & sub-scapular skin folds SBP DBP TTG TG	(+) parental hx of TZDM was significantly asstd with all measures of obesity & abdominal fat (BMI / SFs/ wasts circumference) abdominal ht)(all, p=S**) and with higher SBP (p=S**)& DBP(p=S) TC(p=S) and TGs, VLDL-C, HDL & glucose/insulfin/insulin resistance index(all, p=S**) were all significantly more abnormal in offspring of diabetic parent. Magnitude of the differences in obesity/ abdominal fat/ plasma glucose between individuals withwithout (+) farm hx of TZDM was significantly greater in Bs than Ws (p=S**>****). B offspring of both diabetics & non-diabetics had unfavorable profiles of obesity & abdominal fat, BP, insulin & insulin resistance index (p=S***). In MVA, BMI (p=.S) & plasma glucose (p=S*) were the 2 independent characteristics of those with (+) farm hx of TZDM. Insulin (p=S***) and the insulin resistance index (p=S**) were independently asstd with impaired fasting glucose &TZDM. When grouped by nl FG vs FG > 110, BMI, SSFs,WC, abd ht, SBF DBP,TGs & insulin resistance index were all significantly higher in elevated FG group (all, p=S**). Lipid abnormalities were also more prevalent with higher TC(p=S).	abnormalities related to parental hx of DM than do Ws. Q6. Elevated obesity measures cluster with metabolic abnormalities of glucose metabolism, increased BP & lipid profile abnirmalities. Association is stronger in 8s and
11347739	Fagot- Campagna A	Diabetes, impaired fasting glucose, and elevated HbA1c in U.S. adolescents: the Third National Health and Nutrition Examination Survey	2001	Crs	Retrospective	NHANES	None	Q5 (RF6) Q6 (RF6)	US		Estimate the prevalence of diabetes, impaired fasting glucose, and elevated HbA _{1c} (>6%) levels in US adolescents.	2,867	Pediatric/ Young adults	12-19 yr old participants in the NHANES III survey for 1988-1994 in whom fasting serum glucose had been measured	Nationally representative sample.	Group 1: All adolescents who had glucose measured Group 2: Subsample of adolescents assigned to morning examination and fasting glucose	Group 1: 2,867 N	/A	Fasting glucose (FG) HbA1c level BMI	(1) 13 of 2,867(0.41%[Ci:0-0.86]) adolescents had a diagnosis of DM. 31% had T2DM and 69% had T1DM. (2) Of those 1,083 adolescents without DM, 20 had impaired FG and 22 of 2,852 had HbA1c > 6%. Both IFG and elevated HbA1c were more prevalent among non-Hispanic Bs and in males. 10 adolescents had both IFG & elevated HbA1c, all with BMI > 30 and all from minority groups. (3) Extrapolating from these data, 1.76% (Ci:0.02-3.5) of adolescents have IFG and 0.39% (Ci:0.04-0.74) have elevated HbA1c.	NHANES III data shows a very low prevalence of TZDM. Cases were all in obese adolescents and were non-Hispanic B or M-A.
1665149	Duncan GE	Prevalence of Diabetes and Impaired Fasting Glucose Levels Among US Adolescents: National Health and Nutrition Examination Survey, 1999-2002	2006 (crs	Retrospective	NHANES	None	Q6 (RF6.8,14)	us	Clinical	Estimate the prevalence of diabetes and impaired fasting glucose levels among US adolescents.	4,370	Pediatric/ Young adults	NHANES participants from the 1999-2000 and 2001-2002 surveys aged 12-19 y	Mean age (SD): 15.4 yr (0.1) Male: 52% Non-Hispanic white: 70.6% Non-Hispanic black: 16.6% Mexican American: 12.8%	Group 1 : Respondents with self-reported diabetes Group 2: Subsample of respondents without self-reported diabetes who had fasted for at least 8 hr	Group 1: 4,370 N	/A	BMI Fasting glucose (FG) Fasting insulin (INS) HbA1c level C-peptide levels Self-reported dx of DM	DM: (1) Based on self report, 0.50% (CI: 0.24-0.76) of the adolescent population are estimated to have DM. (2) Among this group, 70.91% (CI:55.99 -85.82) have T1DM and 29.09% (CI:14.19 - 44.01) have T2DM. (3) For T1DM, ~40% are F, and ~84% are non-Hispanic W, ~12% are B and ~4% are M-A. Sex and race/ethnic differences an significant(p=S**). (4) For T2DM, ~58% are F and ~65% are non-Hispanic W, ~18% are B and ~17% are M-A. Sex and race/ethnic differences are significant(p=S**). The relative percentage of T2DM is highest for M-A youth. Impaired FG. (1) 11.13% (CI: 8.09-14.17) of the subsample without DM had an impaired FG. (2) In this group, 68.3% (CI:57.68-78.91) were male and ~66% were non-Hispanic W, ~10% were B and ~16% were M-A. Sex and face/ethnic differences are significant (p=S**), more prevalent in M-As than Bs or non-Hispanic Ws. (3) FG, HbA1C abd C-peptide levels were significantly higher in th group with impaired FG(p=S* between groups). BMI and poverty-to-income ratio were not different between grps. (4) When BMI is expressed as a percentile for age & sex, there is a significant association between FG group & BMI status.	