



CONTACT LIST

COPD flare-ups and hospital trips can be overwhelming. Don't be discouraged. Knowing who you need to contact will support you in your time of need. Use this form to make a list of any phone numbers you may need in advance of a hospitalization or in preparation for any future needs. Make sure you keep this list up to date.

Date _____

Medical providers

Primary care doctor name, phone

Pulmonologist name, phone

Other specialist name, phone

Medical facilities

Home healthcare name, phone

Extended care name, phone

Subacute care/rehab/nursing facility name, phone

Therapy and service providers

Pulmonary rehab name, phone

Physical therapy name, phone

Oxygen/durable medical equipment name, phone

THE COPD CAREGIVER'S TOOLKIT



CONTACT LIST

Emergency contacts

Back-up caregiver name, phone

Emergency contact name, phone

Insurance provider

Insurance provider name, phone

Insurance member ID

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