

# Sickle Cell Disease Sample Social Media Posts

Share these sample posts on your social media channels to raise awareness about sickle cell disease.

## General Sickle Cell Disease

DYK #SickleCell disease is the most common inherited blood disorder in the U.S.? Learn more: [sicklecell.nhlbi.nih.gov](https://www.nhlbi.nih.gov/health-topics/education-and-awareness/sickle-cell)

#SickleCell disease occurs in 1 out of every 365 Black American births. Learn about its signs and symptoms, how it is treated, and more: <https://go.usa.gov/x6Cn6>

#DYK #SickleCell disease occurs in 1 out of every 16,300 Hispanic American births? Learn more about #SickleCell disease with information and resources in English and Spanish: <https://go.usa.gov/xzmGS>

The Black and African American community is at higher risk for some blood diseases and disorders, like #SickleCell disease. Learn more about these and other conditions: [sicklecell.nhlbi.nih.gov](https://www.nhlbi.nih.gov/health-topics/education-and-awareness/sickle-cell)

#BloodTransfusions are essential for #SickleCell patients. Learn more about #BloodDonations and consider being a #BloodDonor: <https://bit.ly/3qUdKmF>

#SickleCell disease affects more than 100,000 people in the United States and 20 million people worldwide. Learn ways you can work with your healthcare team to determine a plan to control pain and manage your condition: <https://bit.ly/3LeFhG2>

Are you living with #SickleCell disease? Research has greatly expanded, not only to new therapies but offering hope for cures that can be made available to many more people. Learn more about gene therapies and other sickle cell disease treatments: <https://bit.ly/3sI8D9t>

People who participate in #ClinicalTrials play an important role in helping to develop safe and effective new treatments and potential cures. Learn more about #SickleCell treatment and clinical trials: <https://bit.ly/3sI8D9t>

## National Sickle Cell Awareness Month (September)

DYK #SickleCell disease affects over 100,000 people in the U.S.? September is #SickleCellAwarenessMonth and we’re joining NHLBI and its @BloodHealthEd to raise awareness. Visit the NHLBI SCD month toolkit for resources & information: <https://go.usa.gov/xFAdw>

September is #SickleCellAwarenessMonth. #GetToKnowSickleCell though stories of strength and perseverance among people living with #SickleCell disease, their loved ones, clinicians, and the researchers whose work offers hope for a cure: <https://www.nhlbi.nih.gov/todays-faces-sickle-cell-disease>

Symptoms of #SickleCell disease can vary from person to person and change over time. #GetToKnowSickleCell and find tips to support your mental and physical health. <https://www.nhlbi.nih.gov/resources/healthy-living-sickle-cell-disease-fact-sheet> #SickleCellAwarenessMonth

Are you living with #SickleCell disease? #GetToKnowSickleCell and learn how NHLBI’s Cure Sickle Cell Initiative is accelerating promising gene therapies for SCD: <https://curesickle.org/defining-a-cure> #SickleCellAwarenessMonth

By volunteering in a #ClinicalTrial, you can play an important role in helping to develop safe and effective treatments and potential cures. #GetToKnowSickleCell and visit NHLBI’s clinical trials page to see whether you or someone you love is eligible to take part in a study: <https://www.nhlbi.nih.gov/research/clinical-trials>

September is #SickleCellAwarenessMonth. Learn more about #SickleCell disease, the challenges experienced by patients, their families, and caregivers, and how advancing SCD #research can help change lives: <https://go.usa.gov/xFAdH>

## Sickle Cell Disease: Milestones in Research and Clinical Progress Booklet

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| Learn about the history of #SickleCell disease in the United States, from its discovery in 1910 to @nih\_nhlbi research that has improved the day-to-day lives of people with it. Learn more at [[sicklecell.nhlbi.nih.gov](http://sicklecell.nhlbi.nih.gov)](http://sicklecell.nhlbi.nih.gov) |
| Research supported by @nih\_nhlbi has helped advance the understanding of #SickleCell disease and improve clinical care. <https://www.nhlbi.nih.gov/resources/sickle-cell-disease-milestones-research-and-clinical-progress-booklet> |
| Clinicians and researchers continue to advance the understanding of #SickleCell disease and new treatment options that help patients around the world. Learn more at <https://www.nhlbi.nih.gov/health-topics/education-and-awareness/sickle-cell> |
| Learn the history of efforts to increase awareness, enhance early diagnosis, and improve access to care and treatments for #SickleCell disease: [[sicklecell.nhlbi.nih.gov](http://sicklecell.nhlbi.nih.gov)](http://sicklecell.nhlbi.nih.gov) |